# Take lit or Leave It 

## A Simple Solution to Reducing Plastic Bag Consumption in Edinburgh

Group \# 2: Alice, Asia, Bevin, Miranda

## Step 1. Identify The Problem



## Problem Area



## Our Goal




Reduce

Step 2. Empathise
Understanding
Community
Attitudes


## 121 Responses <br> 37 University of Edinburgh Visiting Students

84 Members of The
Meadows Share Facebook Group

## Survey to Help Edinburgh Go Green!

*Required

How often do you bring a reusable bag with you when you shop at supermarkets? *

|  | 1 | 2 | 3 | 4 | 5 |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Never | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | Always |

Have you ever shopped at a supermarket, like The New Leaf CoOp, that doesn't use plastic packaging? *
$\bigcirc$ Yes
○ No

On a scale of 1-5, how important do you think recycling is? *

|  | 1 | 2 | 3 | 4 | 5 |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Not important | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | Very <br> important |

## Findings on Plastic Bag Usage in Edinburgh

Question: How often do you bring a reusable bag with you when you shop at supermarkets?

Percentage of People Who Report That They Sometimes


The Meadows
Share
/

## Findings on Plastic Bag Usage in Edinburgh

Question: Which do you think is a more significant motivator of decreasing plastic bag usage in Edinburgh?


Results from The Meadow Share

The 5p law Environmental concern

# Which do you think is a more significant motivator of decreasing plastic bag usage in Edinburgh? 

The 5p price of bags $\mathbf{A} \quad$ Environmental concern $\mathbf{B}$


## Focus Group

## Q: How would you define sustainability?

"Sustainability is... anything that you do that, if you keep doing it for the length of your life or the length or several generations, still works.

## Focus Group



## Q: Do you make an active effort to participate in sustainability initiatives? Do you find it easy to be environmentally friendly in Edinburgh?

"The focus on the individual consumer to reduce climate change is a ridiculous and bogus idea."
"Edinburgh is the kind of place where if you forget your satchel when you go to the grocery store, you will be shamed for it. But that misses the whole point that the individual consumer is not responsible for most of the climate change that goes on."

## Key Takeaway

The solution needs to be easy for the consumer for it to work, and it needs to work consistently for it to create long-term change.

## Step 3. Define The State of Plonstic

## Bags



## Plastic Bags in Scottish Supermarkets

|  | 20th October <br> 5p Law <br> Introduced | Asda, Lidl <br> remove 5p bags <br> from stores | 2019 |
| :---: | :---: | :---: | :---: | :---: |

Figure 3. Baseline and $\mathbf{8 0 \%}$ reduction scenario for the 7 major grocery retailers


Figure 3. Baseline and $80 \%$ reduction scenario for the 7 major grocery retailers.
From Carrier Bag Charge ‘On Year One’, Zero Waste Scotland, 2015

## Making the Switch




- LDPE = 'Bags for Life’
- Most retailers charge unmandated 10p fee
- Reporting is voluntary


## Relative Environmental

 Impact
## 1x <br> 

HDPE Single-Use Plastic Bag


Paper Bag


Cotton/Canvas Bag

## "Whatever type of bag is used, the key to reducing the impacts is to reuse it as many times as <br> possible...."

# Step 4: Prototype Solving the Problem 



## Our Idea: Take lt or Leave lt

Plastic bag deposit bins

- Reduce the purchase of new bags.
- Reuse previously owned bags.



## Business Model

- Supermarkets are increasingly aware of the advertising value of eco friendly initiatives:


## Iceland

Sustainable fish - selling fish that would otherwise be thrown back into sea

TESCO
Partnership with WWF - aim to reduce environmental impact of UK shopping bag by $50 \%$

Sainsbury's
2020 target to reduce packaging by 50\% compared to 2005

## Reaching users



- Transparent, users will want to know what they're reaching their hands into
- Twin recycling bin, for dirty or broken bags
- Clear signage, make the purpose of the bin obvious
- Brand the bin with supermarket logo, marketable


## Insights from Participatory Design

 A Most people are willing to use second-hand bagsHygiene problem- cross contamination


- High marketability for corporations


## Barriers to adoption

1. Hygiene fears
2. Extra work for employees

Solutions

1. Twin recycling bins
2. Low maintenance design

## CO

## Step 5.

 Evidence \& Projections

## Similar examples



Plastic bag deposit scheme in Sweden


Similar design in The New Leaf Co-op in Edinburgh

## Feasibility



Tangible symbol of the supermarkets' environmental concern.

Easy to maintain

## Taking it from here...

- Fundraising
- Get Circular Edinburgh and Zero Waste Scotland on board
- Create an online petition
- Implement in stores across Scotland and the UK!


## " If everybody can [make] these small sustainable [changes], that makes all the difference."

## Problem Area- facts and figures:

https://www.biologicaldiversity.org/programs/population_and_sustainability/sustainability/plastic_bag_facts.html
https://plasticoceans.uk/the-facts/
http://plasticfree.co.uk/plastic-stats/
https://www.greenpeace.org.uk/plastic-facts-keep-getting-scarier/

## Plastic Bags in Scottish Supermarkets:

Carrier Bag Charge 'On Year One'(Rep.). (2015, October). Retrieved March 26, 2019, from Zero Waste Scotland website:
https://www.zerowastescotland.org.uk/sites/default/files/SUCB Charge One Year On Report.pdf
Evans, T. (2017, September 29). Now Morrisons might scrap 5p carrier bags and it means forgetful shoppers will have to pay double. The Sun. Retrieved March 26, 2019, from
https://www.thesun.co.uk/money/4574758/now-morrisons-might-scrap-5p-carrier-bags-and-it-means-forgetful-shoppers-will-have-to-pay-double/

Farrell, S. (2019, March 7). Lidl to trial removal of 9p bags for life in Welsh stores. The Grocer. Retrieved March 26, 2019, from https://www.thegrocer.co.uk/environment/lidl-to-trial-removal-of-9p-bags-for-life-in-welsh-stores/591026.article

## References Continued

## Plastic Bags in Scottish Supermarkets (cont.):

Munbodh, E. (2019, February 8). Aldi scraps 5p plastic bags - but the replacement costs almost double. Mirror. Retrieved March 26, 2019, from https://www.mirror.co.uk/money/aldi-scraps-5p-plastic-bags-13965819
Sayid, R. (2018, March 9). Lidl becomes latest supermarket to SCRAP 5p plastic bags - and the new price is almost double. Mirror. Retrieved March 26, 2019, from

Tamplin, H. (2018, February 5). Asda scraps 5p carrier bags as part of war on plastic. Metro. Retrieved March 26, 2019, from https://metro.co.uk/2018/02/05/asda-scraps-5p-carrier-bags-part-war-plastic-7288249/

Tesco PLC. (2017, August 7). Tesco replaces single use carrier bags with new 'Bag for Life' that will fund community projects across the UK[Press release]. Retrieved March 26, 2019, from https://www.tescoplc.com/news/news-releases/2017/tesco-replaces-single-use-carrier-bags-with-bag-for-life/ WRAP. (2015, July 24). WRAP announces new carrier bag figures[Press release]. Retrieved March 26, 2019, from http://www.wrap.org.uk/2015_carrier_bag_figures

## References Continued

## Making the Switch:

Life cycle assessment of supermarket carrier bags: A review of the bags available in 2006(Rep.). (2011, February). Retrieved March 26, 2019, from The Environment Agency website:
https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/291023/scho0711buan-e-e.p df

Single-use plastic carrier bags charge: Data in England for 2016 to 2017(Rep.). (2018, September 27). Retrieved March 26, 2019, from Department for Environment, Food \& Rural Affairs website:
https://www.gov.uk/government/publications/carrier-bag-charge-summary-of-data-in-england/single-use-plastic-carrier-bags-c harge-data-in-england-for-2016-to-2017\#trends-in-carrier-bag-use

## Relative Environmental Impact:

Life cycle assessment of supermarket carrier bags: A review of the bags available in 2006(Rep.). (2011, February). Retrieved March 26, 2019, from The Environment Agency website:
https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/291023/scho0711buan-e-e.p df
A Similar Scheme in Sweden:
Carlström, V. (2019). Sweden is so good at recycling that it's now getting a deposit-refund system for plastic bags. [online]
Nordic.businessinsider.com. Available at:


## References Continued

Barrie, J., 2018. 'Iceland selling $£ 8$ bags of unpopular fish that would normally be thrown back into the sea'. Inews. Retrieved March 26 2019, from the inews website.
https://inews.co.uk/news/consumer/iceland-what-the-fish-bycatch-sustainability/

